

Club Hours
Mon - Thurs: 5:00am-11:00pm
Friday: 5:00am-9:00pm
Sat - Sun: 6:00am-9:00pm

Fitness Forum

(480) 812-0200
2130 W. Chandler Blvd
NW Corner of Chandler & Dobson

March 2010 - Pool Schedule

POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30am						Aqua Aerobics Rotates	12pm-6pm Family Swim
9:00am		Power Splash Connie		Power Splash Janice	Aqua Tai/Yoga Helen	SWIM LESSONS 9:30-12:30 Waterworks 480-461-3888 To sign up Lap lane still open	
9:30am	Aqua Aerobics Helen		Aqua Aerobics Helen		Aqua Aerobics Helen		
10:00am		Aqua Aerobics Janice		Aqua Aerobics Janice			
10:30am							
11:05am		Aqua Balance Janice		Aqua Balance Janice			
6:00pm	Power Splash Connie	Power Splash Patty	Power Splash Thecla	Pool Closed for Endurance Workout			Pool Closed Endurance Workout