

We are proud and honored to introduce one of
THE TOP Zumba instructors in the valley..

Vanessa

Please join Vanessa
Mondays at 10:00am
starting in February

This is a class you WON'T want to miss!



ZUMBA®
FITNESS



Vanessa Served over 14 years in the US. Army and Arizona Army National Guard. Vanessa became a Zumba instructor in 2004 and a Zumba Education Specialist in 2006. Vanessa has been an AFAA-certified instructor since 2002, ACE-certified Instructor since July 2008. Vanessa has also been a featured presenter for local Fitness Fest 2007, 2008, 2010 and 2011.

Special Presenter for National Hispanic Women's Conference 2007. Vanessa has also has assisted Creator Beto Perez at the 2010 International, Health and Racquet and Sports Club Association Convention. Presented at Sarah City San Diego 2011. Vanessa has been featured on Zumba Instructor Network Training DVD Volume 19. Vanessa continues to train and teach classes in Arizona, New Mexico, Nebraska and Nevada